



THE JOURNEY THROUGH THE
SERMON *on THE* **MOUNT**
SESSION 1: GETTING STARTED



LifeGroups
Do Life Together

New Hope Church

THE JOURNEY THROUGH SERMON ON THE MOUNT. GETTING STARTED

ICEBREAKER

"Getting to Know You"

Instructions:

Give each member a pen and a paper.

Ask everyone to write their name and answer the following questions in bullet points:

a. What is your favorite hobby? b. What is your favorite book/movie? c. What is your favorite food? d. What is one place you would love to visit in the world? e. What is one thing that makes you happy instantly?

- Collect the papers and shuffle them.
- Distribute one paper to each member, but do not reveal the name of the person who wrote it.
- Give them 5 minutes to read the answers and try to guess who the person is.
- After 5 minutes, have everyone stand up and share their answers with the group.
- The person who wrote the answers can stand up and take a bow when their name is called out.

Purpose: The purpose of this icebreaker is to get to know each other better and create a relaxed atmosphere in the new LifeGroup.

Video:

What did Pastor Tom say were the two significant things people need to grow in their relationship with Christ?

1. _____

2. _____

What does ESPN stand for in regard to LifeGroups?

E _____
S _____
P _____
N _____

How can LifeGroups encourage each other to grow in their faith and spiritual journey?

What are some practical ways for LifeGroups to support and encourage each other during difficult times?

As a LifeGroup, what are some ways you can commit to living in community over the next 12 weeks?

As we get ready for the journey through the sermon on the mount explore the next two questions as a LifeGroup.

1. Would you say most people you know are happy? Why or why not?
2. What are some ways people seek to achieve happiness?

We're all hardwired to search for happiness, but at some point in our lives, we realize no matter how hard and how long we work, we'll never achieve lasting happiness. The kind of happiness we long for isn't about perpetually feeling good or good things consistently happening to us. The happiness we're hardwired for can only be found in Jesus.

Over the next nine weeks, going to journey through the Sermon on the Mount. Our prayer is that we learn how to experience the full life a disciple of Christ.

SETTING UP YOUR LIFEGROUP

During the First Meeting everyone in your group will have the chance to review the LifeGroup Agreement and fill out a copy of the LifeGroup Planner (provided). These tools will help keep your group on track.

The LifeGroup Agreement: This tool helps define values, logistics, and purpose.
The LifeGroup Planner: This tool is a calendar and helps get members involved.

- o Refreshments (everyone can bring something)
- o Host (opens their home for group meetings)
- o Facilitator (guides discussion)
- o Prayer (leads group prayer and sends out weekly prayer requests)
- o Micro-Mission (helps coordinate a group service project)

Take a few minutes and fill out the following:

LifeGroup Planner (include below)

LifeGroup Agreement (included below – leader should print these items out ahead of time).

Your LifeGroup Roster (included below)

LIFE GROUP PLANNER

Week Date	Who is Facilitating?	Where Are We Meeting?	What Are We Doing?	What About Refreshments	How About Childcare?
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					

WE AGREE TO THE FOLLOWING LOGISTICS

Day We Will Meet: _____

Place We Will Meet: _____

Time We Will Start: _____

Time We Will Finish: _____

Refreshments: _____

Child-Care: _____

Other: _____

Name: _____

Date: _____



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Find More Resources at
newhopechurch.tv/lifegroups